



**Brock University Student Health Services and Mirror Theatre present  
Drinking Choices Seminar**

**“That’s Not Me” Workbook Questions**

**Pre-Drink Questions**

1. How common are fake IDs? Do people use them to feel included, or is it just a way to get alcohol?
2. List all the things people might be thinking as they prepare for a party/bar scene. Include thoughts about clothing, friends, connecting, alcohol, etc.
3. Do most social events that you attend involve alcohol consumption? Do they need to involve alcohol in order to be ‘fun’?
4. In what ways is Stephanie pressured to take drinks? (Such as “Promise me you’ll do one there”) What are some comebacks she could have said if she did not want any more drinks?
5. At this point, what is motivating Stephanie to drink?

**House Party Questions**

6. A lot of photos are taken at the predrink in residence and at the party. Who has control of these photos? What do you think the general ethics around photos at parties should be? What would the consequences be if the video of Stephanie went viral?
7. What are the various ways Stephanie is invited to take a drink at the party? What are her motivations for accepting the drinks?
8. Do you often see people pressuring others to drink? Would you ever step in and try to stop peer pressuring?
9. What are Stephanie’s friends’ motivations for encouraging her to drink? Are they just being friendly and/or are they encouraging her to be irresponsible?
10. Are first year students more vulnerable to peer pressure? Are the influences the same or different for different years, genders, or other characteristics?

**After the ambulance is called**

11. Julianna goes against the crowd and supports Stephanie with the photos and calling an ambulance. What are the bystanders’ responsibilities to everyone at a party?
12. Have you ever played a role similar to Julianna? Was it difficult, especially when others may be intoxicated?
13. At what point do you think it become necessary to call 911? Even if you think you should, what might be the pressures not to call?

**After the hospital scene**

14. If you were Stephanie, what would you say to your parents? What might your parents say? What would you say to your friends after your release from the hospital?
15. Who is responsible for Stephanie being in the hospital?